

Statement of Intent

This is the health and safety policy statement of Dumfries Amateur Swim Club (Dumfries ASC)

Our health and safety policy is to:

- Prevent accidents and cases of work related ill health
- Manage health and safety risks in our club
- Provide clear instruction and information, and adequate training, to ensure coaches and volunteers are competent to undertake their role
- Ensure safe systems of work are in place and managed for all club activities
- Provide personal protective equipment where required
- Consult with our coaches and volunteers on matters affecting their health and safety
- Maintain safe and healthy working conditions for coaches and volunteers
- Liaise with the facility management regarding safety arrangements detailed in the Pool Safety Operating Procedures (PSOP) and incorporate details into Club specific procedures as required
- Implement emergency procedures, including evacuation in case of fire or other significant incident in line with the Facility PSOP, and communicate to coaches and volunteers as necessary
- Review and revise this policy agreement as required
- Record appropriately and report accidents and incidents to the facility management and Scottish Swimming as required

Responsibilities for Health & Safety

1. The person with overall and final responsibility for health and safety is the Club President/Chair
2. Committee members and coaches have day to day responsibility for ensuring this policy is put into practice,
3. To ensure the health and safety standards are maintained/improved, the following roles have responsibility in the following areas:
 - a. Club President – provision of health and safety policy, liaison with facility management, conduct risk assessments, liaison with Scottish Swimming on health and safety matters
 - b. Committee members – review of health and safety policy, and risk assessments
 - c. Coaches – within the pool and around the pool deck, during training/competition sessions.
4. All members should:
 - a. Co-operate with the committee on health and safety matters
 - b. Take reasonable care of their own health and safety
 - c. Report all health and safety concerns to an appropriate person (as detailed above)

Arrangements for Health & Safety

Risk Assessments

The Club will complete relevant risk assessments and take action where required for all club activities. The Club will review risk assessments annually or when a change is made to the assessed activity.

Activities will be assessed on the basis that the level of risk should be as low as practicably possible and any control measure put in place are suitable and sufficient to lower the level of risk to an acceptable level.

Training

The Club will give coaches and volunteers a health and safety induction where required, usually as part of the general club/role induction.

This should include specific information on, but not limited to; any equipment set ups or manual handling considerations, any cleaning arrangements, any safe supervision requirements and any key holder responsibilities. The Club/Facility will provide appropriate training where required and will provide personal protective equipment where it is required.

Consultation

The Club will consult Coaches and Volunteers routinely on health and safety matters, and formally when we review health and safety arrangements. This should be a standard item on the committee meeting agendas

Safe Supervision

Any pool based sessions will be run with the correct ratios in place and in line with the safe supervision requirements as detailed in the Facility PSOP. Specific arrangements for pool-based rescue and first aid arrangements should be agreed and communicated as necessary

Evacuation

We make sure escape routes are kept clear at all times as per the Facility PSOP. Evacuation plans will be tested regularly and updated if necessary In line with the Facility PSOP. Regular communication with the facility management will be key.